



## **KAI IKAIKA PADDLING CLUB**

### **Newcomer Information**

#### **About Us**

Kai Ikaika (meaning “Strong Water” in Hawaiian) Paddling Club is a community based tax-exempt 501 (c) 3 non-profit organization. The club was formed in 2000 and first competed as a recreational dragon boat crew in the local Portland Rose Festival Dragon Boat Races. We promote the paddling sports of dragon boating and Polynesian outrigger canoeing both nationally and internationally. We have represented the United States at the 2002 & 2006 World Dragon Boat Club Crew Championships, and have medaled in every premier event we have entered since 2002, including victories in Canada and up and down the West Coast. While winning is important to the team, our focus remains firstly on family and community commitment.

#### **Membership**

Built on the foundation of “Ohana,” the Hawaiian word for “family,” the majority of our members consist of couples, family, and family at heart. We embrace the diversity of our club (we have members from Hawaii, Samoa, Aotearoa New Zealand, Guam, the Philippines, Canada as well as Oregon, California and North Dakota) and support each other in our commitment to develop and grow as individuals and community members. We have over 30 people in our club and anticipate considerable growth over the next few years.

#### **Community**

Kai Ikaika continues its community mission of providing affordable recreational, competitive and cultural opportunities through the sports of dragon boating and outrigger canoeing. We are a cultural organisation dedicated to educating and preserving the rich heritages of South East Asia and Polynesia, enhancing the club’s image while helping to enrich the local community.

#### **Environment**

The Willamette River in downtown Portland, Oregon is our home waters and we believe strongly in preserving the environment and protecting the river. We all have a stake in the Willamette River’s health and vitality and as such Kai Ikaika is a member of the Willamette Riverkeeper® organisation, which is dedicated solely to the protection and restoration of the Willamette River. In addition, some of our members are volunteers with the Willamette Riverkeeper’s River Guardian Program, which seeks to engage citizens and train them to monitor the river for signs of pollution and water quality.

#### **Programs**

Kai Ikaika Paddling Club offers both competitive and recreational level paddling for adults. Currently the club only offers competitive dragon boating but has both competitive and recreational outrigger programs:

##### *Competitive Dragon Boat Program*

The program focuses on 20-person crew paddling, teamwork and race strategy. Competitive level paddlers are expected to commit to a rigorous training regimen. In addition, competitive paddlers are expected to fulfil a crew selection process, including minimum performance standards. For more information, please see coaches for training schedule, practice times and performance standard requirements.

##### *Competitive Outrigger Program*

The program focuses on technical skills such as 1-person (OC1) paddling, flat and rough water paddling, 6-person (OC6) crew paddling, and teamwork and race strategy. Competitive level paddlers are expected



to commit to a rigorous training regimen and are expected to fulfil a crew selection process. For more information, please see coaches for training schedule, practice times and selection criteria.

#### *Recreational Outrigger Program*

Kai Ikaika Paddling Club is glad to offer outrigger-paddling opportunities to everyone including beginners, or those who cannot commit to the rigorous training schedule of our Competitive Program. If you would like to try outrigger paddling on a recreational level, please contact the coaches.

#### **Canoe Fleet**

Kai Ikaika currently has two Bradley Lightning OC6 canoes purchased in 2008. The club fleet also includes a number of OC1's and an OC2, all of which are owned by individual members.

The club currently does not have a dragon boat, but we rent from DragonSportsUSA for all practice sessions.

#### **New/Trial Paddlers**

To make it easier for you to decide whether dragon boating or outrigger paddling is for you, Kai Ikaika offers a flexible "trial period" arrangement. Instead of paying full annual membership dues immediately, new paddlers now have the opportunity to come to our scheduled dragon boat and/or outrigger practices as a non-member new/trial paddler. Upon the approval of the President and Head Coach, any member may extend trial privileges to a potential member or visiting paddler for a "trial period" not exceeding one month. With the approval from either the President or Head Coach, trial period may be extended.

#### *Trial Period*

The host member is responsible for registering the name of the new paddler with the Secretary, and getting all waivers signed, including the Kai Ikaika waiver and the daily USACK waiver that must be signed every time a new paddler paddles one of our outrigger canoes. In addition for new/trial paddlers insurance USACK will grant new paddlers a \$10 one-month fee. Each time the new/trial paddler comes out they must sign a waiver. Host clubs are expected to hold onto the signed waivers (all of them during that period) until the end of the month. At that time if the paddler decides to join our club and USACK they would then pay the balance of the year membership (for 2009 that is \$20 per paddler for USACK membership and \$10 fee for one month trial period = total \$30) and that money would then be sent with ONE waiver to USACK for membership. If the paddler determines not to join then the \$10 and the signed waiver should be sent to USACK for non-member entry into their system.

#### *Swim Test*

New/trial paddlers may be, subject to the decision of the Boat Safety Committee (based on the known capabilities and experience of each new paddler and the nature of the training to be conducted or the event under consideration), required to undergo the swim test and appropriate capsizing training and other on land instruction deemed appropriate by the Boat Safety Committee prior to boarding any Kai Ikaika vessels.

Note: New/trial paddlers may paddle only on dragon boat and club OC6s and may not use club small boats, unless the paddler has the approval from either the President, Head Coach or the boat owner.

#### **Practice Locations**

Dragon boat

The dragon boats and main practice site gathering point is by the flagpoles at:

RiverPlace Hotel

1510 SW Harbor Way

Portland, OR 97201

Directions: Located just south of the Hawthorne Bridge and "lawn" area on the West Side bank of the Willamette River. You can park on the street in the immediate area or in the four public parking garages near by. Note: There is a fee for parking.



## Outrigger

Our canoes and main practice site is located at:

RiverPlace Moorage Marina  
315 SW Montgomery St  
Portland, OR 97201

Directions: Located between the Hawthorne and Marqarum Bridges on the West Side bank of the Willamette River. Closely located to Portland's only floating restaurant, Marina Fish House at RiverPlace. Look for the steel ramp with the sign "RiverPlace Moorage". Walk down the ramp to the large steel gates. You will need a key to get into the marina or wait for someone with a key to let you in. There are bathrooms and showers located at the marina. You can park on the street in the immediate area or in the four public parking garages near by. Note: There is a fee for parking. Link:

<http://maps.google.com/maps?ie=UTF8&q=riverplace+marina+portland+or&fb=1&cid=1050975082322247146&li=lmd&z=14&t=m>

## Practices

Typically, club practices for dragon boat are on Tuesday and Thursday at 7.30pm and Sunday at 10am. Designated "Club" (i.e. open to all paddlers) outrigger practices are on Monday and Wednesday after work at 6pm. There is team practices everyday of the week, except Friday. See coaches for practice schedules.

## Annual Membership Dues

Kai Ikaika Paddling Club offers paddling opportunities year round and consequently requires annual membership fees from all members regardless of how frequently they choose to train or race. Members must pay their dues in full by March 31<sup>st</sup>. Note: Kai Ikaika does not require new members to pay initiation fees.

The outgoing Board of Directors at the annual Club meeting each fall decides the amount of membership dues. Note: At this time, we do not extend reduced fees to junior members, students or give family discounts.

## Levels of Membership

There are currently three levels of membership:

1. Resident Members – Those paddlers living inside the Portland/Vancouver Metro area (50 mile radius) **\$150**
2. Non-Resident Members – Those paddlers living outside the Portland/Vancouver Metro area (50 mile radius) **\$50**
3. Guest Members – Those paddlers whom the club's head coach has invited to paddle and represent Kai Ikaika for select one-time only OC and/or DB races are NOT required to pay club membership dues. Note: Please pay ALL dues before 3/31/09. \$180 and \$65 respectively if paid after 4/1/09. Please make checks payable to:

Kai Ikaika Paddling Club  
Attn. Annie Hawkins - Treasurer  
3527 NE Schuyler St.  
Portland, OR 97212

## Member Dues cover:

Use of club outrigger OC6 canoes & equipment



Club membership fees for USACK & PNWORCA (outrigger only)  
Club insurance through USACK (outrigger only)  
DragonSportsUSA boat rental fees  
Dragon Boat regatta/race fees  
Moorage fees for canoes  
Insurance for canoes  
Dock/equipment maintenance & repairs

**At this time, Dues DO NOT cover:**

Outrigger regatta/race fees  
Individual membership fees for USACK (outrigger only)  
Club uniforms  
Purchasing equipment (PFD's on OC6's are provided, but not for Dragon Boat, paddles are not provided for either sport)  
Travel and lodging costs

Note: Until we have enough income from sponsorships, fundraisers and race events to sustain the club's coffers, the above out of pocket costs are the responsibility of ALL Kai Ikaika club members.

Thank you very much for your interest in paddling with Kai Ikaika. We are more than happy to have you come out and meet members of the club and as mentioned offer a flexible "trial period" arrangement for you to decide whether dragon boating or outrigger paddling is for you. Please feel free to contact us with any questions:

Mahalo Nui Loa,

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